

## Patient Health History

**Patient Title:** (check one)  Mr.  Mrs.  Ms.  Miss  Dr.  Prof.  Rev.

**First Name** \_\_\_\_\_ **Nick Name** \_\_\_\_\_

**Last Name** \_\_\_\_\_ **Middle Name** \_\_\_\_\_ **Suffix** \_\_\_\_\_

**Address 1** \_\_\_\_\_

**Address 2** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip Code** \_\_\_\_\_

**Primary Phone** \_\_\_\_\_ **Secondary Phone** \_\_\_\_\_

**Mobile Phone** \_\_\_\_\_

**Home email** \_\_\_\_\_ **Work Email** \_\_\_\_\_  
By providing my email address, I authorize my doctor to contact me via the email addresses provided.

**Which email address would you like us to use to communicate with you?** (check one)  Home  Work

**Contact Method** (check one)  Primary Phone  Secondary Phone  Mobile Phone  Home Email  Work Email

**Date of Birth** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age** \_\_\_\_\_ **Gender** (check one)  Male  Female  Unspecified

**Marital Status** (check one)  Single  Married  Other **SSN** \_\_\_\_\_

**Employment Status** (check one)  Employed  FT Student  PT Student  Retired  Self Employed

**Race** (check one)  White  Black/African American  Hispanic  Other \_\_\_\_\_  I choose not to specify

**Multi-Racial** (check one)  Yes  No  Unknown

**Ethnicity** (check one)  Hispanic or Latino  Not Hispanic or Latino  I choose not to specify

**Preferred Language** (check one)  English  Spanish  Other \_\_\_\_\_  I choose not to specify

**Verification Question** (choose one, then give the answer to that question below)  
 What is the name of your favorite pet?  In what city were you born?  What high school did you attend?  
 What is your favorite movie?  What is your mother's maiden name?  On what street did you grow up?  
 What was the make of your first car?  When is your anniversary?

**Verification Answer to the Chosen question (must be 6 characters):** \_\_\_\_\_

**Do you currently smoke tobacco of any kind?**  Yes  Former smoker  Never been a smoker  
**If yes, how often do you smoke:**  Current every day smoker  Current sometimes smoker  
**If yes, what is your level of interest in quitting smoking?**  
 0  1  2  3  4  5  6  7  8  9  10  
No interest Very Interested

**Current medications, including frequency and dosage if known. If there are no current medications, check here:**

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

4) \_\_\_\_\_ 5) \_\_\_\_\_ 6) \_\_\_\_\_

**List any known allergies you have had to any medications. If no allergies are known, check here:**

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

**Has any doctor diagnosed you with Diabetes presently?**  Yes  No If yes, what kind?  Type I  Type II

**Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days?**  Yes  No

Reason for today's visit: New Injury Old Injury Chronic Pain Wellness

Are you in pain: Yes No Rate your pain with the following scale: discomfort 1 2 3 4 5 6 7 8 9 10 intense

Did your injury occur during: Work Sports/Play Auto Accident Routine/Household activity

When did your condition/accident occur? \_\_\_\_/\_\_\_\_/\_\_\_\_ Where did your injury occur? \_\_\_\_\_

Please explain what happened: \_\_\_\_\_

Is your condition getting worse? Yes No Constant Comes and goes.

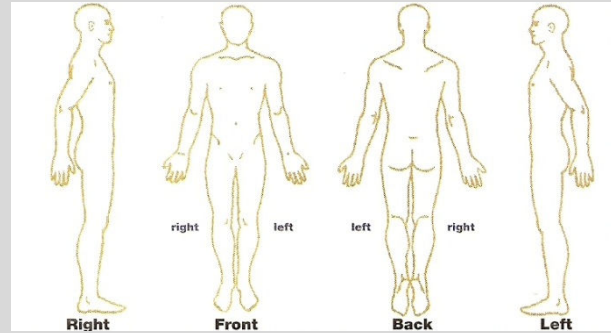
Is your condition interfering with your: Work Sleep or Daily routine? If so, how: \_\_\_\_\_

Has this or something similar happened in the past? Yes No

Explain: \_\_\_\_\_

**Using the adjacent body charts, please circle all affected areas.**

Have you been treated by a Medical Physician for this condition? Yes No If so, where? \_\_\_\_\_



**Are you taking any of the following medications?** Nerve pills

Pain killers (including aspirin) Muscle relaxers Blood Thinners

Tranquilizers Insulin Other

**Do you have or have you had any of the following diseases, medical conditions or procedures?**

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Glaucoma                | <input type="checkbox"/> Heart Attack/Stroke              | <input type="checkbox"/> Heart Surg./Pacemaker | <input type="checkbox"/> Heart Murmur        |
| <input type="checkbox"/> Congenital Heart Defect | <input type="checkbox"/> Difficulty Breathing             | <input type="checkbox"/> Artificial Valves     | <input type="checkbox"/> Alcohol/Drug Abuse  |
| <input type="checkbox"/> Venereal Disease        | <input type="checkbox"/> Mitral Valve Prolapse            | <input type="checkbox"/> HIV+/AIDs/ARC         | <input type="checkbox"/> Shingles            |
| <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Frequent Neck Pain               | <input type="checkbox"/> Anemia/Diabetes       | <input type="checkbox"/> Cancer              |
| <input type="checkbox"/> Psychiatric Problems    | <input type="checkbox"/> Rheumatic Fever                  | <input type="checkbox"/> Kidney Problems       | <input type="checkbox"/> Hepatitis           |
| <input type="checkbox"/> Ulcers/Colitis          | <input type="checkbox"/> Fainting Seizures/Epilepsy       | <input type="checkbox"/> Sinus Problems        | <input type="checkbox"/> Emphysema/Asthma    |
| <input type="checkbox"/> Tuberculosis            | <input type="checkbox"/> Severe/Frequent Headaches        | <input type="checkbox"/> Chemotherapy          | <input type="checkbox"/> Lower Back Problems |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Artificial Bones/Joints/Implants |  |  |

Please list any surgeries with dates and /or any other serious medical condition(s) not listed above: \_\_\_\_\_

List any past serious accidents with dates: \_\_\_\_\_

Do you exercise? No Yes \_\_\_\_\_ hours per week. Are you wearing: Shoe lifts Inner soles Arch supports

Are you dieting No Yes Since \_\_\_\_/\_\_\_\_/\_\_\_\_

**For Women:** Are you taking Birth Control? Yes No

Are you Nursing? Yes No If so, how many weeks? \_\_\_\_\_

We invite you to discuss with us any questions regarding our services. The best health services are based on a friendly, mutual understanding between provider and patient. Our policy requires payment in full for all services rendered at the time of visit, unless other arrangements have been made with the business manager. If account is not paid within 90 days of the date of service and no financial arrangements have been made, you will be responsible for legal fees, collection agency fees, interest charges and any other expenses incurred in collecting your account. I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider to release any information required to process insurance claims. I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes to the information I have provided.

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Adult Patient Parent or Guardian Spouse

**To be performed by clinic Staff:** Height: \_\_\_\_\_ inches Weight \_\_\_\_\_ pounds BP: \_\_\_\_/\_\_\_\_

**Adams Chiropractic**  
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